



FONSECA CUP

KARATE TOURNAMENT
OCTOBER 21, 2018
CHICAGO, IL, USA



COMPETE WITH CHAMPIONS
[#FonsecaCup2018](#)

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WELCOME

May 1, 2018

Dear Sensei, Athletes, Coaches, and Parents,

We would like to cordially invite you to the 7th annual Fonseca Cup, held on October 21, 2018 in Evanston, Illinois. We started this event in 2011 and, while we took a break last year, we are excited to bring back the Fonseca Cup as a high level competition for karate athletes of all ages and skill levels.

In the past, the Fonseca Cup has drawn in competitors from the Chicagoland area, as well as top competitors from across the country, Puerto Rico, Columbia, Venezuela, Chile, Hawaii, and Canada. This year, we hope to increase national and international participation in both our junior and elite divisions, while providing another efficient and professionally run event for all competitors.

Along with the elite men's and women's kata and kumite categories, we are also offering cadet and junior elite categories in kata and kumite. We hope to encourage many of America's up-and-coming athletes to compete at our event as they pave the road to the 2020 Olympic Games in Tokyo.

In addition to the tournament on October 21st, we will be hosting a training camp from October 19-20, led by top level coaches and current athletes, including César Herrera and Jelena Kovačević.

Please note that all registration will be done online this year through Tournament in a Box. Please do not hesitate to contact us if you need any assistance.

Kind Regards,



John Fonseca



Elisa Au Fonseca

Owners, Fonseca Martial Arts
Tournament Directors, Fonseca Cup

GENERAL INFORMATION

DATE: Sunday, October 21, 2018

LOCATION: Evanston Township High School (Beardsley Gym)
1600 Dodge Ave, Evanston, IL 60201



TIME: Doors open at 7am
Visit our website for the latest check-in times for every division.

We recommend arriving no later than 60 minutes prior to your staging time to allow warm-up time and to familiarize yourself with the venue.

CATEGORIES

A complete list of categories may be found while registering through Tournament in a Box

KATA Beginner, Novice, Intermediate, and Advanced for Ages 5 and under up to ages 35+

KUMITE Beginner, Novice, Intermediate, and Advanced for Ages 5 and under up to ages 35+

ELITE KATA ages U14, Cadet (14-15), Junior (16-17), Senior (18+)

ELITE KUMITE ages U14, Cadet (14-15), Junior (16-17), Senior (18+)

DISABLED Kata and Kobudo divisions

TEAM Kata and Team Kumite

EQUIPMENT

Mandatory equipment: White uniform (gi), belt (obi), USA Karate approved fist guards, USA Karate approved shin/instep guards, mouth piece, and groin cup (males)

Elite categories will require all WKF approved gear.

Optional equipment: White headgear (with or without face shields), chest protectors

REGISTRATION

Non-elite individual events

1 event: \$60

2 events: \$85

Elite individual events

1 event: \$100

2 events: \$200

Team events

\$60 per team

[Register online]

Registration Deadline: October 15, 2018 at 11pm CST

There will be NO at-the-door registration

Spectator admission: \$10 (ages 13+), children are free

For more information, call the FMA office at 847.866.0200 or email info@fonsecamartialarts.com

FMA2020 CAMP

FMA2020 welcomes César Herrera and Jelena Kovačević as guest instructors this October, in conjunction with the 2018 Fonseca Cup! Jelena brings her experiences as a WKF World Championships Silver medalist, World Games Gold medalist, and European Championships Gold medalist. César will showcase skills used to win WKF World Championships 5th place finish and Pan Am Games Gold medal.

FMA2020 Camp Schedule

Session 1: Friday, October 19, 6 - 8 pm, Wilmette Dojo

Casual welcome meal with César Herrera, Jelena Kovačević, Elisa Au Fonseca, John Fonseca, and the Fonseca Martial Arts staff to follow.

Session 2: Saturday, October 20, 8 - 10 am, Wilmette Dojo

Optional Chicago sightseeing 11 am - 4 pm

Session 3: Saturday, October 20, 5 - 7 pm, Wilmette Dojo

Chicago Deep Dish Pizza dinner with César Herrera, Jelena Kovačević, Elisa Au Fonseca, John Fonseca, and the Fonseca Martial Arts staff to follow.

Fonseca Cup Tournament registration is NOT included in the camp fee. You may sign up for both the camp and tournament at tournamentinabox.com

Camp Registration

Entire Camp: \$150

Friday only \$50

Saturday only \$100



Jelena Kovačević



César Herrera

TRAVEL

Evanston is located just north of Chicago, Illinois. Chicago O'Hare International Airport (ORD) is the best airport to fly into. Chicago's Midway Airport (MDW) is another option.

Taxis and other rideshare options are available from both airports to the Evanston area. There is also the CTA train system from both airports that will take you to the Chicago's metro area.



VISA

If you would like to request a personal invitation for Visa purposes, please follow these steps:

1. Register you and your athletes at tournamentinabox.com
2. Email your receipt to info@fonsecamartialarts.com along with the following information:
 - a. Names of visitors as they appear on passports
 - b. Passport numbers and expiration dates
 - c. Country of origin
 - d. Dojo, club, or federation name

If you are unable to obtain a visa, FMA will reimburse your registration fees (must show proof of denial).

US VISA WEBSITE • travel.state.gov

HOTELS

Hyatt House

Evanston - 1.2 Miles to tournament venue
1515 Chicago Ave
Evanston, IL 60201
847-866-2300
\$185 single/double
Offering complimentary wifi, full hot breakfast.

Hilton Orrington

Evanston - 1.5 Miles to tournament venue
1710 Orrington Ave
Evanston, IL 60201
847-866-8700
\$135 single/double

Hampton Inn & Suites North Shore

Skokie – 4.1 Miles to tournament venue
5201 Old Orchard Rd.
Skokie, IL 60077
847-583-1111
\$139 double

Rates reflected in the information above indicate rates for Fonseca Cup room blocks. To reserve with FMA group rates, please call the hotel directly or go to fonsecacup.com and click the links provided.

CHICAGO

Chicago is a vibrant city with many things to do for all ages. Here are a few things to do while you enjoy your stay in The Windy City.



NAVY PIER

Originally named Municipal Pier No. 2, Navy Pier was the first of its kind to combine the business of shipping with the pleasure of public entertainment. The 292-foot-wide Pier, 'built by the city for the people,' is the largest in the world, projecting east 3,040 feet into Lake Michigan. It remains the longest public pier in the world today.



MILLENNIUM PARK

Discover a state-of-the-art collection of architecture, landscape design, and art that provide the backdrop for hundreds of free cultural programs including concerts, exhibitions, tours, and family activities. In Millennium Park, you'll find a new kind of town square – a lively, spectacular gathering spot located in the heart of the city and a destination for Chicagoans and visitors alike.



THE MUSEUMS

Chicago is home to 56 museums. In fact, there's even a "Museum Campus" along Lake Michigan that hosts some of the big players like The Shedd Aquarium, The Adler Planetarium, and The Field Museum. Other notable museums around town include The Art Institute of Chicago, The Chicago History Museum, The Museum of Science and Industry, and The Museum of Contemporary Art.

CHICAGO



THE SKYDECK AT WILLIS TOWER

Originally named The Sears Tower, the newly re-named Willis Tower is the tallest building in the Western Hemisphere. At 1,353 feet in the air, the Sky-Ledge's glass boxes extend out 4.3 feet from the Skydeck, allowing visitors to see as far as four states away, not to mention the beautiful city of Chicago from a truly unique perspective.



GARFIELD PARK CONSERVATORY

Chicago's Garfield Park Conservatory is one of the largest and most stunning botanical conservatories in the nation. Often referred to as "landscape art under glass," the Conservatory showcases thousands of plant species from around the world throughout eight indoor display gardens. Year-round, visitors can enjoy the lush flora and tropical temperatures indoors, or more than 10 acres of outdoor gardens, nature play spaces for children, water lily pond, and much more.



THE LINCOLN PARK ZOO

Founded in 1868, the Lincoln Park Zoo is among the oldest zoos in North America. It is also one of a few free admission zoos in the United States. The Lincoln Park Zoo houses over 1,100 animals from some 200 species, including polar bears, lions, penguins, reptiles, monkeys, and more. Also located in Lincoln Park Zoo is a burr oak tree which dates to 1830, three years before the city of Chicago was founded.