



«Moscow Open» -
team tournament for the boys 9-10 years old

15th December

Team Kata. The team consists of 3 athletes. Girls up to 10 years and boys up to 10 years are allowed to participate in this category. Start of tournament at 10 o'clock.

Team kumite shobu sanbon. The team consists of 3 athletes + 1 spare athlete. Starts at 12 o'clock.

Team kumite shobu ippon. The team consists of 3 athletes + 1 spare athlete. Starts at 15 o'clock.

The winning team in category is awarded with a Cup, and the winners and prize – winners - with medals.

The club with the best total result (Olympic standings) is awarded with a Grand Cup.

No more than 16 teams in each category.

«Moscow Family Open»

16th December

Team Kata for the families. Start of tournament at 10 o'clock.

The minimum number of athletes in team are 2 . Maximum is not limited (2,3, 4 or more). A family is allowed to put an unlimited number of teams for the tournament, but the members of the family in each team should be different.

No more than 64 teams per tournament.

Individual Kumite shobu ippon. Only for the members of the families that participate in Team Kata.

Starts at 13 o'clock.

Boys/men up to 8, 9, 10, 11, 12, 13, 14-15, 16-17, 18+ years old.

Girls/women up to 8, 9, 10, 11, 12, 13, 14-15, 16-17, 18+ years old.

No more than 16 teams in each category.

Attention! Any member of the family (that participated in kata) is allowed to participate in kumite (even if he/she doesn't participate in kata himself/herself).

The family with the best total result is awarded with a Grand Cup.

Rules for the both tournaments

Organizer: karate club "Moscow East"

Kata Shotokan. Kata can be repeated, but not in a row.

All categories will be held on one tatami.

Gloves are white. Belts are white and red.

Dental protection/Mouth Guard.

Groin Guard for male participants.

Breast protectors and chest protectors are forbidden.

There is a flag system in kata competition.

Duration of the fight: 1 ½ minutes for children, 2 minutes for cadets and juniors , and 3 minutes for adults.

Registration Fee – 1000 RUB per category (15 Euro for foreign athletes).

Registration deadline – 20th October 2018.